



CAL-SOAP
LOS ANGELES



Building Partnerships for Student Success

***WHERE DO I GO FROM
HERE?
CONNECTING FIRST
GENERATION STUDENTS
TO COLLEGE RESOURCES***

WELCOME!

Cal-SOAP LA

California Student Opportunity & Access Program

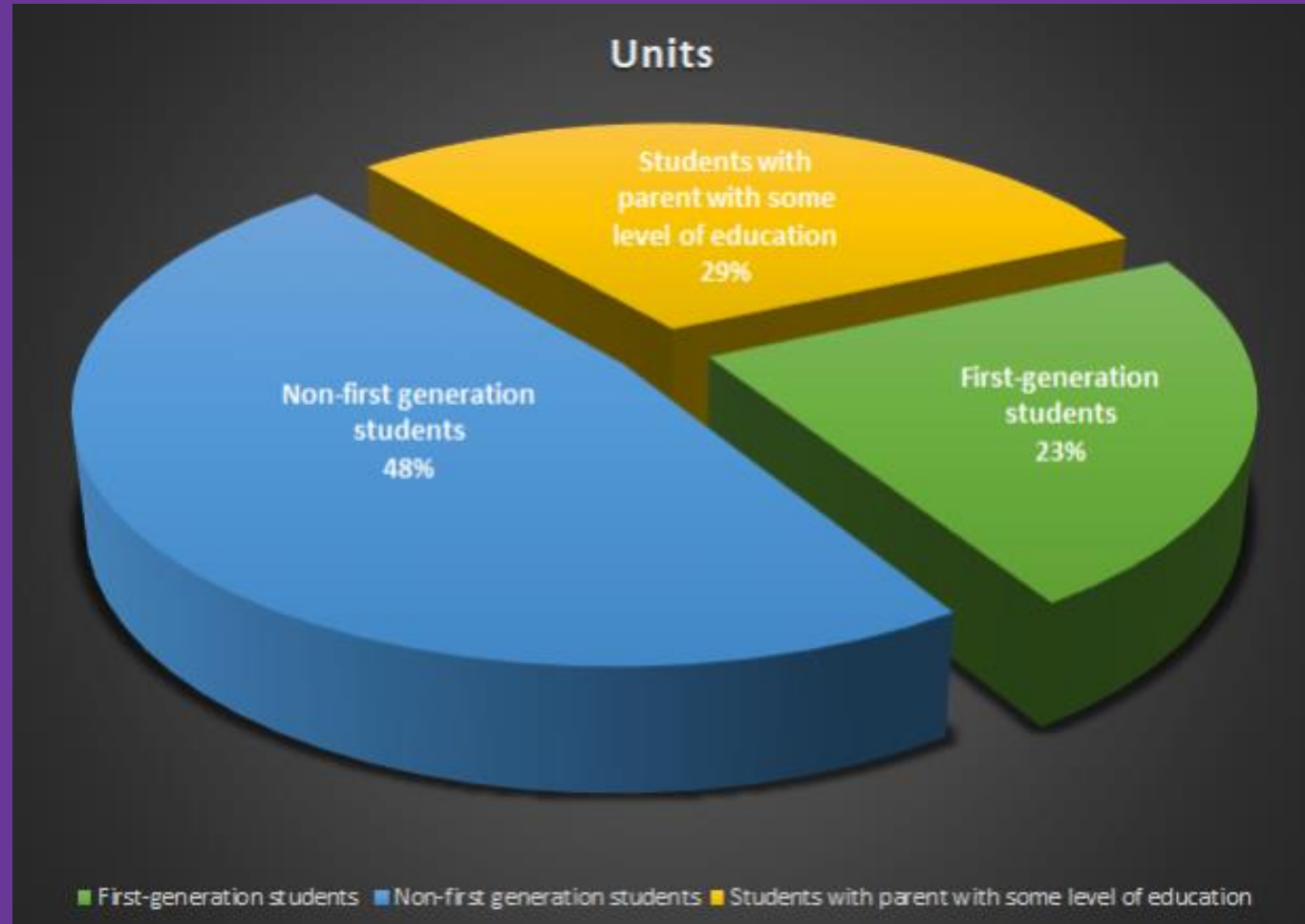
- College Peer advising
 - One-on-one and small group college & career enrichment
 - Individualized goal setting & academic education plans
 - Career & college major exploration
 - Reviewing A-G requirements
- College applications
- Classroom presentations
- SAT/ACT registration workshops
- Financial Aid presentations & events
- Personal Statement/Insight Ques.



Who are “First-Generation College Students?”



Why are resources and support important/needed: First-Generation College Student Statistics



Redford, J., & Mulvaney Hoyer, K. (2017). First-Generation and Continuing-Generation College Students: A Comparison of High School and Postsecondary Experiences (United States of America, U.S. Department of Education, National Center for Education Statistics). National Center for Education Statistics.

Why are resources and support important/needed: First-Generation College Student Statistics

- ***Couldn't afford to continue going to school***
- ***Would rather work and make money***
- ***Change in family status***
- **Conflicts with demands at home**
- **Personal problems, injury, or illness**
- **Classes not available, or class scheduling wasn't convenient**
- **Job or military considerations**
- **Difficulty completing requirements for your program**
- **Finished taking desired classes**

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COMMON CHALLENGES COLLEGE STUDENTS FACE

CULTURE SHOCK

Discomfort that can come from being in a new environment, which may be drastically different than what one is used to. Some colleges/universities are not as diverse as others and this may discourage some students.

FEAR OF FAILURE

Extremely common for first year college students. Students are often concerned that if they struggle in college, that is an indication that they do not belong.

HOMESICKNESS

Challenges with being away from family for the first time and living in a new environment.

FEAR OF DISAPPOINTING PARENTS/FAMILY

Many students are afraid to share struggles with their family because they do not want them to be disappointed.

Campus Resources

- Educational Opportunity Program (EOP)
- First-Year Experience / Summer Bridge
- Academic Support Services
- Disability Support Services
- Ethnic and Gender Resource Centers
- Dream Centers
- Counseling and Psychological Services
- On-Campus Clinics/Medical Care
- Financial Aid Office
- Food Pantries
- Gym/Athletics

RESOURCES	SERVICES
Academic Support: Student support centers and individuals that students could visit to support their studies.	Examples: Library, tutoring/writing centers, professors/teaching assistants (TAs), etc. (tutoring and writing centers often require appointments)
Accessibility/Disabilities Support: Student support services that provide accommodations to disabilities.	Examples: Assistive technologies, deaf and hard of hearing services, exam accommodations, note-taking services, transportation, etc.
Campus Police/Fire Departments: Provide safety, parking and law enforcement.	Examples: Available to escort students across campus to dorm rooms or parking lots at night. Take crime/robbery reports, and assist in other safety measures.
Career Centers: Student support center that provide guidance for enrolled students and alumni.	Examples: Career exploration, job-search strategies, guidance on choosing a major, resume writing, interview practice, curriculum vitae writing, etc.
Cultural/Gender Support: Student support centers for various cultural and gender identities.	Examples: Support workshops, guest speakers, technology centers, cultural events, etc.
Mental Health Services: Counseling services that may include programs tailored for student needs at little or no cost to enrolled students.	Examples: Individual counseling, group workshops, crisis intervention, psychiatric consultation, etc.
Retention Programs: Student support programs that provide services to low-income, historically educationally disadvantaged, first-generation college students (e.g. Educational Opportunity Program)	Examples: Tutoring, advising, first year college support, transition programs, study skills workshops, etc.
Student Groups: Student-led clubs and organizations to get involved with outside of class and home.	Examples: Social and community service clubs, sororities, fraternities, fine/performing arts, intermaral sports, etc.
Student Health Services: Health-related services that may include a variety of specialties at little or no cost to enrolled students.	Examples: Family medicine, optometry, sports medicine, campus gym, exercise classes, etc.
Student Unions: Student-centered organization that provides various programs, services, and involvement opportunities.	Examples: Study hours, technology centers, art showcases, work certification classes, etc.
Student Legal Services: Free legal advice for students.	Examples: Advise on topics such as contracts (rental and housing), employment, immigration, etc.

Student panel time!

First Generation Students:
Telling Our Stories

